# Vasco da Gama Movement Europe region

Greetings from VdGM, The European Young Doctors Movement!

#### See our 2018-19 Annual Report

Last month's news included a report of the VdGM Preconference and conference activities, <u>June 2019 Bratislava</u>. Continuing the story:



## Congratulations to all award winners:













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**The Hippocrates Award:** Neelam Parmar (UK), who has done an exchange in Portugal shadowing Dr Cristiano Figueiredo.

**Carosino Exchange Awards:** Giulia Schiavi from Italy, who has done her exchange in the UK shadowing Dr Holly Tyson.

**Junior Researcher Award:** Fabian Dupont whose project titled "A competency based/ blended learning teaching approach" was found to be very innovative and well-designed.

**The VdGM Fund - WONCA Europe Conference Bursaries:** This year we were happy to support two young colleagues: Margarida Aroso (Portugal) and Shirin Kyzy (Kyrgyzstan).

**Fons Sips Outstanding Achievement Award** was created in honour of the contributions of one of VdGM's founding fathers, Alphons Jacobus Ignatius Sips to the establishment of the VdGM. We are thrilled to announce Dr Elena Klusova is the deserving recipient of the 2019 award. See this month's featured doctor article for more about Elena.

#### Before Forum in Torino we are calling for: Being Young, Staying Young Award

For the Vasco da Gama Movement youth is not about age, it's about attitude. Youth is about the passion with which you approach your work and the spirit that you imbue to those around you. This award is designed to recognise and thank senior colleagues who have made significant contributions to our network over many years and continue to inspire and support us.

All VdGM members are called upon to nominate their most deserving senior colleagues!

### Report and VdGM response to Astana Declaration

To know more about our mission and vision, our successes and challenges last year, our tasks, plans and hopes and also VdGM response to Astana Declaration please see our 2018-2019 Annual Report.

#### **Future events**

## **Forum in Torino**

September 27-29, the first capital of Italy invites future and young family doctors from all over Europe to share science, spirit of innovation, friendship, joy, young energy and passion for family medicine in

Torino, Italy. Prior to the Forum, there will be a conference exchange. The Torino Forum will be linked to the already famous EQUIP Summer School and the pre-forum Symposia will be offered.

## **VdGM Vigo Conference Exchange**

# Linked to the 89th EGPRN Meeting

October 13-20, 2019 we are delighted to invite all the European young and future family physicians to participate in our VdGM conference exchange in Vigo, Spain. Our guests will attend the Galician practices on October 14 and 16, and will be invited to participate in the 89th EGPRN meeting.

See you soon in Torino!

Katarzyna Nessler (President) and Elena Klusova (Events Officer) on behalf of the VdGM Executive